

# The Healing Powers of Migun

by Karin Armbruster | photos by Avram Golden



Migun is one of the newest developments in personal health care, and it's quickly catching people's attention. Sally VanSickle opened the first branch of Migun Body Sense on March 1, in downtown Bay City, with the purpose of encouraging health and wellness. "Migun," which stems from Korea and means beautiful health, is based upon five principles: chiropractic, acupressure, acupuncture, heat therapy and massage.

Migun Body Sense provides jade thermal massages and various traditional massages, footbath treatments and sauna treatments. Also available are products such as creams, oils, flower essences, supplement capsules, shampoos, and homeopathic remedies that help promote inner health and energy. These services and products promote the overall health of the body and focus on extracting toxins, from the environment that individuals experience every day, that become trapped

within our systems. Tests have shown that people who use these products have dropped their toxicity levels.

Migun Body Sense's newest primary product is their specialized digital massage bed, the HY-7000UM, which is programmed for an additional treatment level, uses heat and infrared light to penetrate unreachable parts of the body, and allows the client to control the length and heat intensity of the massage experience. The beds may be used for one-hour sessions, up to three to four times a day, to stimulate blood flow, relieve joint stiffness, and reduce stress. Many people, from body builders to medical patients, have benefited from using these beds.

VanSickle discovered the healing effects of Migun products after she was told that she suffered from lead poisoning. Then trying out an aunt's Migun massage bed, she knew it was right for her and contacted the company, which in turn flew her to Los Angeles and presented her with the offer to be a distributor. The experience turned out to be life changing. "It just evolved and the timing was right," said VanSickle. It certainly was because she ended up buying 25 beds on the spot to start her own store. VanSickle believes her store brings something different to Bay City that can improve the lives of people in the surrounding areas. "It's a new offering," she said. "It's a trend that is growing, and educating people is key." ■

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## Essential Oils

Take care of your body, and restore it to its natural and healthy state. To face the harmful elements of our environment, essential oils provide antioxidants that promote well-being and eliminate the



damaging effects of chronic inflammation. Available for almost every ailment, the oils contain a number of powerful plant extracts to help rejuvenate the body.

## Q<sup>2</sup> Energy Spa

Relax for 35 minutes as you cleanse your body with the Bio Electric Field Enhancement, the ultimate body detoxifier. This unique iconic cleansing



footbath uses electrical currents to detoxify your body, leaving you feel energized and refreshed. It's a favorite among customers at just \$20 a session.

*Migun Body Sense is located at 904 Washington Avenue in downtown Bay City. For more information contact 989-893-9480 or visit [www.migunbodysense.com](http://www.migunbodysense.com)*